ABS Thanakha Powder





Astringent Fightening Decreases Sebum Tones Problem Skin Targeting

BACKGROUND

Myanmar, previously known as Burma, is a country in Southeast Asia that borders China, India, Bangladesh, Laos and Thailand. This country is also home to the Thanakha tree, which stands 25 to 30 feet above the ground and resides in the same family as fruits such as the orange, lemon, and lime. Thanakha trees, sometimes spelled Thanaka, are naturally slow in growth; it takes about ten years for the tree trunk to grow to just two inches in diameter. The tree must be more than 35 years old to yield good, useful Thanakha.

Traditionally, Thanakha bark is ground and mixed with water to form a thick yellow paste which is then applied to the face and body.¹ The alluring scent makes the experience pleasant to the user and the paste helps to keep the skin cool in the hot weather of Myanmar. After removal of the application, skin has a smooth, youthful appearance, decreased oiliness, tightened pores, improved complexion, and leaves behind a soft fragrance.¹

SCIENCE

Thanakha is an integral part of Myanmar indigenous medicine. Myanmar women have been using Thanakha for over 2,000 years.¹ Logs of Thanakha would be purchased at the market and ground at home to produce the yellow paste. Preparations of Thanakha are used to cure pimples and acne and in some regions, and is speculated to treat multiple illnesses. Also, Thanakha is a very popular cosmetic among younger and older women. Most females and children use it not only as facial make-up but also as a facial treatment. It's very effective for pimples, freckles, protecting the skin from the sun's sweltering heat and offers anti-inflammatory properties.³ Girls value it so much that they often will not be photographed unless they have applied Thanakha on their face.

Individuals with problem skin suffer from excess oil buildup. This may lead to

Code Number: 10122

INCI Name: Limonia Acidissima Extract

INCI Status: Approved REACH Status: Complies CAS Number: 999999-99-4 EINCS Number: 310-127-6

Origin: Botanical Processing: GMO Free No Ethoxylation No Irradiation No Sulphonation

Additives:

Preservatives: None Antioxidants: None Other additives: None **Solvents Used**: None

Appearance: Green to Brown Powder **Soluble/ Miscible**: Insoluble in Water

100% Biodegradability **Microbial Count**: <100 opg,

No Pathogens

Suggested Use Levels: 1.0 - 10.0% Suggested Applications:

Astringent, Problem Skin

Benefits of ABS Thankha Powder

- Antiseptic Properties
- Decreases Sebum
- Tightens Pores

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clogged pores and visible blemishes on the skin's surface. While a certain amount of oil is necessary on the skin in order to keep harmful toxins away, too much of this oil can cause irritation. **ABS Thanakha Powder** harnesses the power of this ancient remedy and decreases sebum while tightening pores and decreases the side effects of problem skin.

BENEFITS

ABS Thanakha Powder's astringent properties may help to cool and soothe the skin. These effects are achieved while keeping the protective layer of oil found on the skin intact. The astringent and antiseptic properties of Thanakha clear the skin, inhibit infections, and prevent scarring. Used as a possible aid in relieving problem skin, **ABS Thanakha Powder** can be incorporated into a variety of skin care formulations.

References

- 1.- Pearce, Lyndal. "Thanaka: Myanmar's Fragrant, Versatile Cosmetic." Mymagicalmyanmar.com. Web. 3 Dec 2015.
- 2.- "Thanaka Benefits: Thanakha Powder Uses." Alternativenaturaltreatment.com. Web. 3 Dec 2015.
- 3.- Hays, Megan. "Thanaka: an Ancient Beauty Secret with Powerful skin Benefits." Abesmarket.com. 16 Mar 2014. Web. 3 Dec 2015.



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